



**Quarantine Protocols for Students and Staff**  
**August 23, 2021**

**Update August 23, 2021**

Staunton City Schools also recognizes that, currently, VDH recommends a 14-day quarantine after the date of the last close contact with the person infected with COVID-19. This 14 day period is recommended because the CDC research has found that the majority of culture data shows that 14 days is the longest incubation period for the COVID-19 disease. Staunton City Schools also recognizes the importance of in-person instruction for academic, social and emotional growth. With our current mitigation measures, including masking, physical distancing, frequent handwashing and improved ventilation systems in our buildings and on our school buses, our quarantine procedure, following VDH guidance is as follows.

**Staff**

**EXPOSURE IN HOME/COMMUNITY:**

**If the staff member is vaccinated:**

- Can continue to come to work, masking required, monitor symptoms for 14 days
- Staff will eat lunch individually (at a table) until the 14 days have expired to minimize any potential exposure to other students/staff
- Staff will remain masked, both indoors and outdoors for 14 days
- Staff will check in daily for the 14 days with the school clinic staff to monitor symptoms

**If the staff member is unvaccinated**

- VDH recommends that you quarantine (stay home) while the infected person is home and for 14 days after the person has been released from isolation (because exposure is considered ongoing within the house). If you are able to have complete separation from

the person in your house with COVID-19 (this means no contact, no time together in the same room, no sharing of any spaces, such as the same bathroom or bedroom), then follow the timeframe for non-household contact.

- If you are not able to stay home for 14 additional days and do not have symptoms, you may return

10 days without testing without symptoms; **OR**

After 7 days with a negative PCR or antigen test performed on or after Day 5. Staff members will have to provide a negative PCR or antigen test performed after Day 5 to return to work.

- Staff members will check in daily with the school clinic for a temperature check and to complete a daily screening checklist until Day 14.

## **EXPOSURE AT SCHOOL:**

### **If the staff member is vaccinated:**

- Can continue to come to work, masking required, monitor symptoms for 14 days
- Staff will eat lunch individually (at a table) until the 14 days have expired to minimize any potential exposure to other students/staff
- Staff will remain masked, both indoors and outdoors for 14 days
- Staff will check in daily for the 14 days with the school clinic staff to monitor symptoms

### **If the staff member is unvaccinated**

- If contact tracing confirms that the unvaccinated staff member has been within 6 feet of an infected person (laboratory-confirmed or a clinically compatible illness) for a cumulative total of 15 minutes or more over a 24 hour period. (e.g. three individual 5-minute exposures for a total of 15 minutes), the staff member will quarantine for 14 days from the date of the direct contact

If you are not able to stay home for 14 additional days and do not have symptoms, you may return

10 days without testing without symptoms; **or**

After 7 days with a negative PCR or antigen test performed on or after Day 5. Staff members will have to provide a negative PCR or antigen test performed after Day 5 to return to work.

- *Staff members will check in daily with the school clinic for a temperature check and to complete a daily screening checklist until Day 14.*
- *Staff members will eat alone, or at minimum of 6 feet distance from another person, until Day 14.*

## Students

### **EXPOSURE IN HOME/COMMUNITY:**

#### **If the student is vaccinated and has had a close contact**

- Can continue in school, masking required, monitor symptoms for 14 days
- Student will eat lunch individually (at a table) until the 14 days have expired to minimize any potential exposure to other students/staff
- Students will remain masked, both indoors and outdoors for 14 days
- Students will check in daily for the 14 days with the school clinic staff to monitor symptoms
- If a student is participating in an extracurricular activities, that student may continue with individual conditioning, maintaining 10 feet distance, until Day 14.

#### **If the student is unvaccinated**

- VDH recommends that you quarantine (stay home) while the infected person is home and for 14 days after the person has been released from isolation (because exposure is considered ongoing within the house). If you are able to have complete separation from the person in your house with COVID-19 (this means no contact, no time together in the same room, no sharing of any spaces, such as the same bathroom or bedroom), then follow the time frame for non-household contact.

- If you are not able to stay home for 14 additional days and do not have symptoms, you may return

10 days without testing and symptom-free; **or**

After 7 days with a negative PCR or antigen test performed on or after Day 5.

- Students will have to provide a negative PCR or antigen test performed after Day 5 to the school clinic staff to return to school
- Students will check in daily with the school clinic for a temperature check and to complete a daily screening checklist until Day 14.

- Students participating in after school activities will report to the clinic/athletic training for a temperature check and to complete a screening checklist until Day 14.
- Students will eat alone, or at minimum 6 feet from others until Day 14.
- If a student is participating in an extracurricular activities, that student may continue with individual conditioning, maintaining 10 feet distance, until Day 14.

### **EXPOSURE AT SCHOOL:**

- When all students are masked and physical distancing (3-6ft) has consistently occurred, students can remain in school
- **Mealtimes:** If students were unmasked, less than 6ft apart of a cumulative of 15 minutes, and it is confirmed through contact tracing the exposure occurred during meal times, identified students will quarantine for 14 days from the date of exposure.
- **Outside:** If students were unmasked, less than 6ft apart of a cumulative of 15 minutes, and it is confirmed through contact tracing the exposure occurred during outside time, identified students will quarantine for 14 days from the date of exposure or the option detailed below.
- **School Vehicles:** If there is a confirmed positive case, those student(s) sitting in the same seat will be considered exposed and will quarantine for 14 days from the date of exposure or the option listed below.

### **If the student is vaccinated and has had a close contact**

- Can continue in school, masking required, monitor symptoms for 14 days
- Student will eat lunch individually (at a table) until the 14 days have expired to minimize any potential exposure to other students/staff
- Students will remain masked, both indoors and outdoors for 14 days
- Students will check in daily for the 14 days with the school clinic staff to monitor symptoms

### **If the student is unvaccinated**

If you are not able to stay home for 14 additional days and do not have symptoms, you may return

10 days without testing and symptom-free; **or**

After 7 days with a negative PCR or antigen test performed on or after Day 5. Students will have to provide a negative PCR or antigen test performed after Day 5 to the school clinic staff to return to school

- Students will check in daily with the school clinic for a temperature check and to

complete a daily screening checklist until Day 14.

- Students participating in after school activities will report to the clinic/athletic training for a temperature check and to complete a screening checklist until Day 14.
- Students will eat alone, or at minimum 6 feet from others until Day 14.
- If a student is participating in an extracurricular activities, that student may continue with individual conditioning, maintaining 10 feet distance, until Day 14.