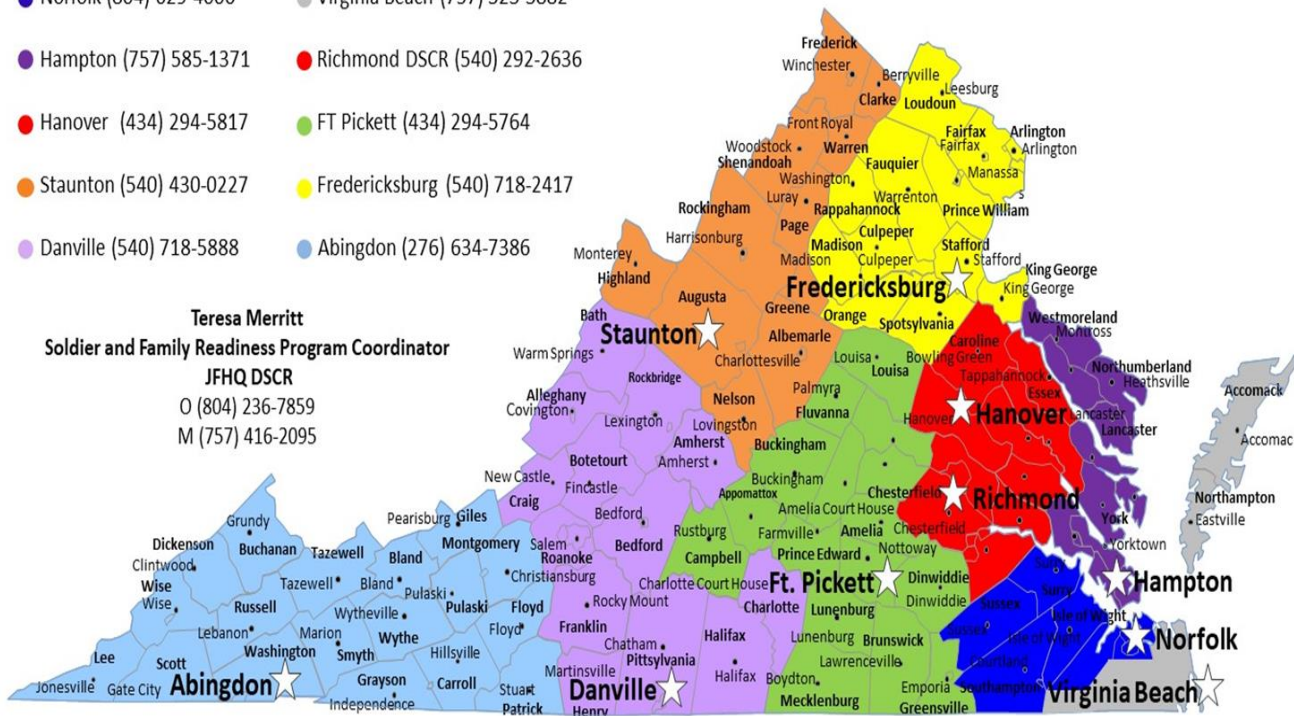


Contact your area Soldier & Family Readiness Specialist!

★ SOLDIER AND FAMILY READINESS ASSISTANCE CENTER LOCATIONS

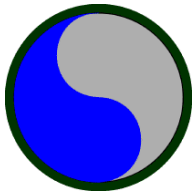
- Norfolk (804) 629-4006
- Hampton (757) 585-1371
- Hanover (434) 294-5817
- Staunton (540) 430-0227
- Danville (540) 718-5888
- Virginia Beach (757) 323-3882
- Richmond DSCR (540) 292-2636
- FT Pickett (434) 294-5764
- Fredericksburg (540) 718-2417
- Abingdon (276) 634-7386

Teresa Merritt
Soldier and Family Readiness Program Coordinator
JFHQ DSCR
 O (804) 236-7859
 M (757) 416-2095



For after hours assistance please contact the Soldier and Family Readiness New Hotline # at 434-480-6585

Soldier & Family Readiness Specialist's (SFRS) are strategically located throughout the state to better assist geographically dispersed service members and their families.



Soldier and Family Readiness Specialist

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Virginia National Guard Family Programs

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